Growth Mindset Incubators: A Case Study

Faith Eakin, Lead Program Manager - BFI
Liz Katz, AIA - NAC Architecture
Who we are & our story:

Faith Eakin, Lead Program Manager
The Greater Seattle Bureau of Fearless Ideas

Liz Katz, AIA
NAC Architecture
In the next hour, we will:

- Define Growth Mindset & Social Emotional Learning
- Hear from BFI students
- Explore the BFI space and programs
Why?

To understand how Social Emotional Learning is being used in schools and consider how we, as Architects, Planners, and Consultants can create unique spaces that support and encourage this learning.
LET’S HAVE FUN!

be kind

be fearless

be creative
Mindful Moment
YOUR six-word story

Architect mom who hikes with family.

Traveler at heart, educator by day.
I’m NOT a math person.
Fixed Mindset

Write your example down.
Ask yourself:

How has your fixed mindset example become part of your identity, even as an adult?
Growth Mindset.

- I can do it
- never give up
- you can always try again
The POWER of...

passion & perseverance

process

“not yet”

believing you can improve

exploring possibilities

Strengths of Will

- Grit
- Resilience
- Growth mindset
- Hope
- Self-control
- Patience
Write down an area of expertise that you have developed overtime.

**Turn and share:**
Describe what qualities it took to become an EXPERT?
Ask yourself:

As an adult how can you learn from your mistakes and failures?

How do you become better?
Social Emotional Learning
How does _________ make you feel?
**Mindful Moment**

**POWER POSE**

**THE BFI AGENT**

**STANCE of FEARLESSNESS**

**VARIATION #279**

Ears held open by heavy, bijoux-encrusted earrings, so she clearly hears valuable feedback and constructive critique.

Back arched, torso shifted, dodging the trajectory of frustration and negativity that may be hurled her way by temporary setbacks.

Ankle extended and turned ever-so-slightly to show off these amazing new shoes she found today... ON SALE!

Eyebrows arched yet relaxed, eyes wide open, looking each challenge directly in the eye with an expression that says: “Is that all you’ve got?”

Arms toned and flared, as a reminder to take on the heavy lifting and extra effort needed to improve at any challenge.

Foot back and on it’s ball, ready to spontaneously break into a victory dance to celebrate the success of a fellow agent.
At BFI, we use our unique learning space and programs to foster growth mindset.
Building Future Architects Club

UNLEASH YOUR CREATIVITY WITH DRAWING, COLLAGES & MODEL MAKING.

SIGN UP

Tosaye
Anub
Naomiah
Melawit
Bethania
Pocho D

Tiyiya
Mekuwa
Kateb
Lydia

Matthew

PRESENTED BY NAC ARCHITECTURE & THE BUREAU OF FEARLESS IDEAS
www.narchitecture.com
Break Out/Small Group
Mindful Moment
Space Race
Use Building as a Learning Tool
Takeaways...

Growth Mindset, Social Emotional Learning, and Mindfulness curriculums are currently being implemented in schools and after school programs.
Takeaways...

BFI’s creative programs and unique space supports and inspires growth mindset and Social Emotional Learning.
Takeaways...

Apply BFI spatial concepts and features into the learning environments we create!
WHAT ARE YOUR QUESTIONS & TAKEAWAYS?!