

# Growth Mindset Incubators:

## A Case Study

**Faith Eakin**, Lead Program Manager - BFI  
**Liz Katz**, AIA - NAC Architecture



# Who we are & our story:



Faith Eakin, Lead Program Manager  
The Greater Seattle Bureau of Fearless Ideas



Liz Katz, AIA  
NAC Architecture



# In the next hour, we will:

- Define Growth Mindset & Social Emotional Learning
- Hear from BFI students
- Explore the BFI space and programs



# Greenwood Space Supply Travel Co.





# Why?

To understand how Social Emotional Learning is being used in schools and consider how we, as Architects, Planners, and Consultants can create unique spaces that support and encourage this learning.

**LET'S HAVE FUN!**

**be kind**

**be creative**

**be fearless**



# Mindful Moment



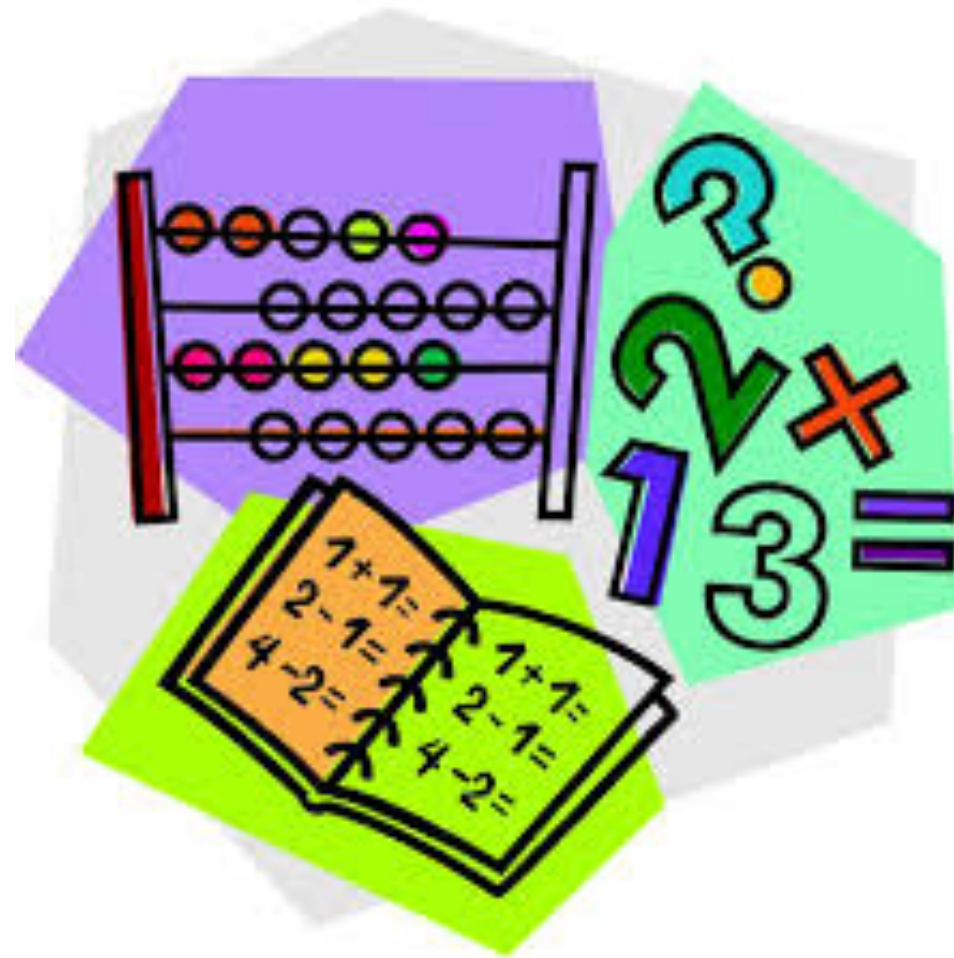
# YOUR six-word story

Architect mom who  
hikes with family.

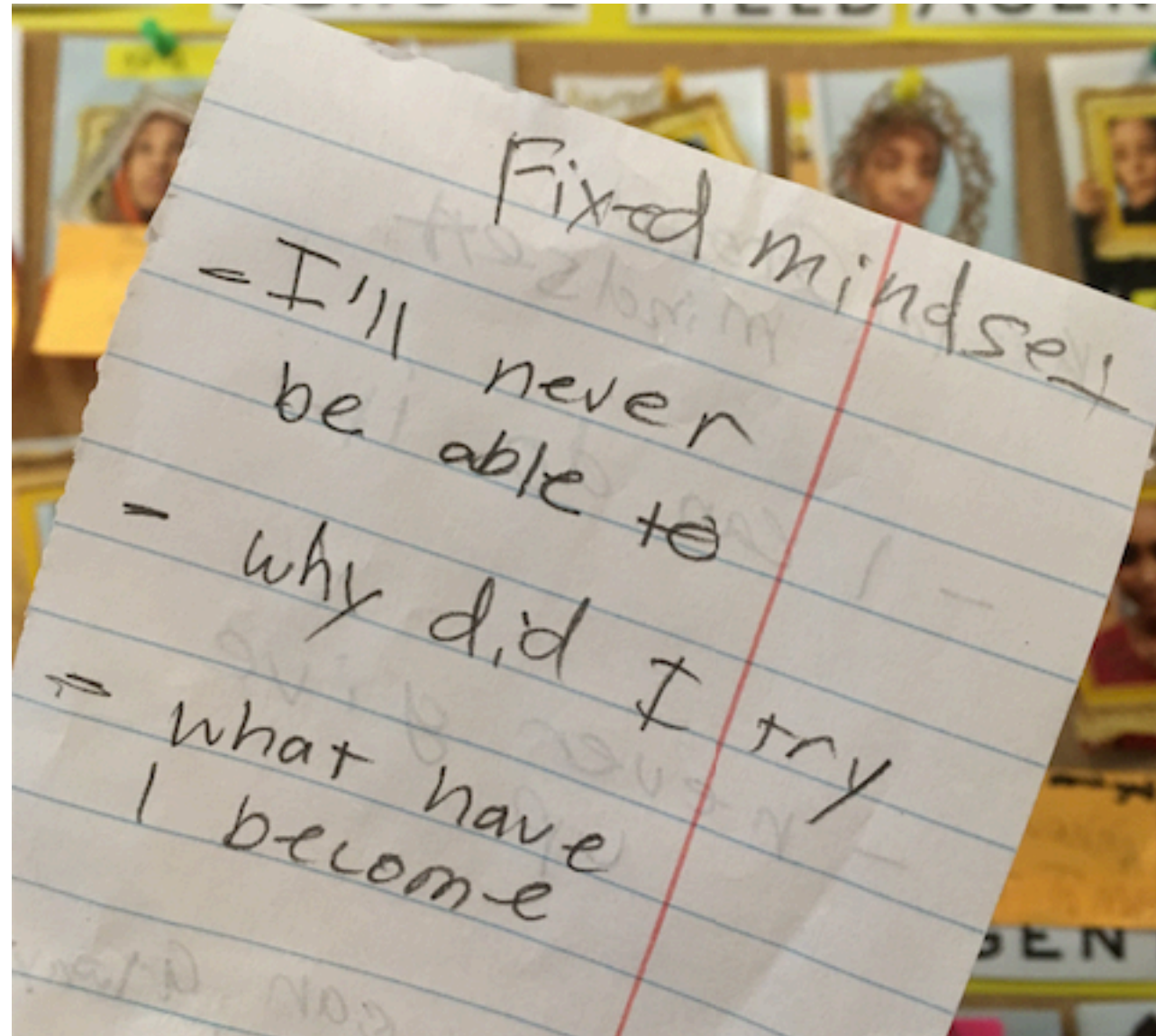
Traveler at heart,  
educator by day.



# I'm NOT a math person.



# Fixed Mindset



Write your example down.

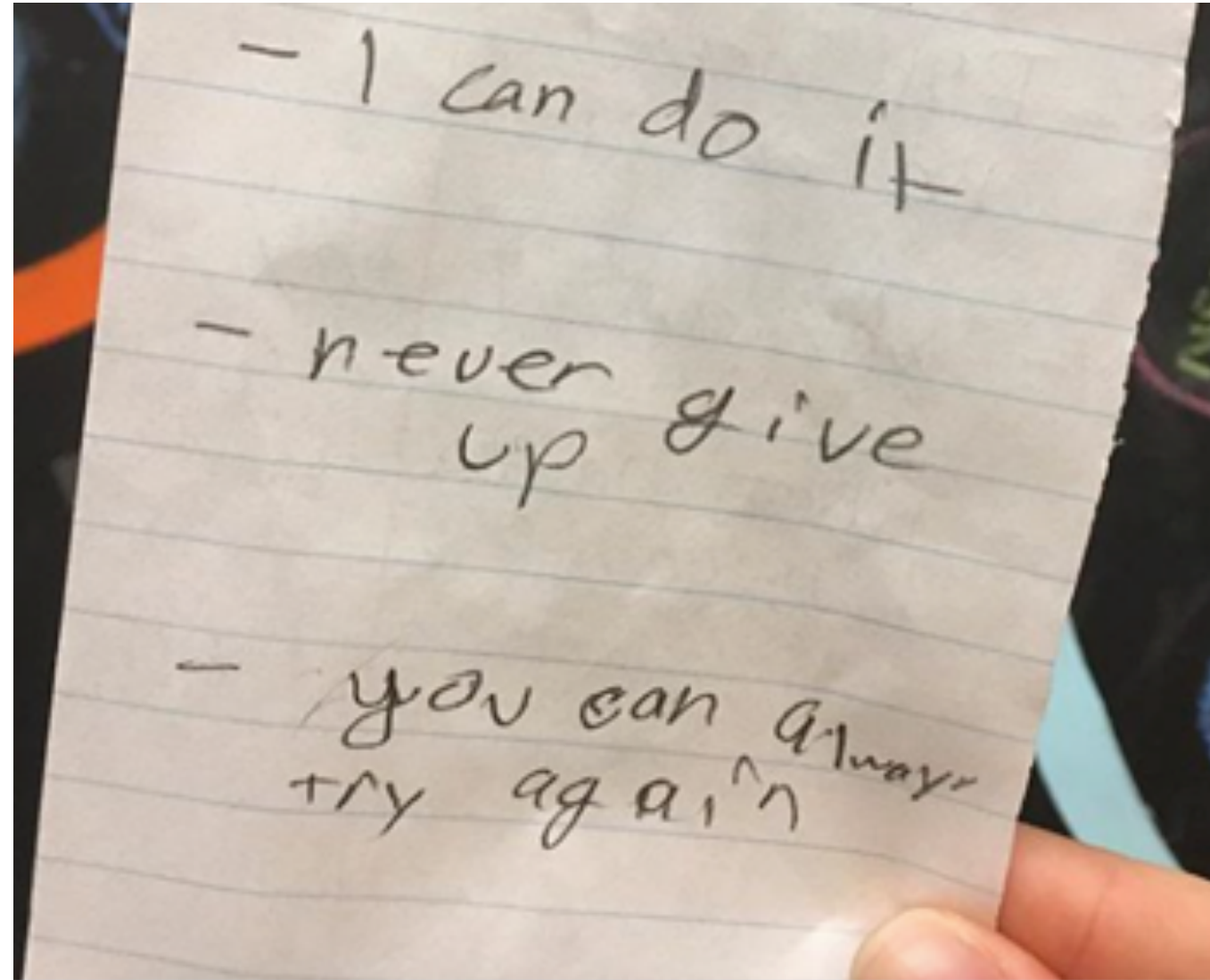


# Ask yourself:

**How has your fixed mindset example become part of your identity, even as an adult?**



# Growth Mindset.



# The POWER of...

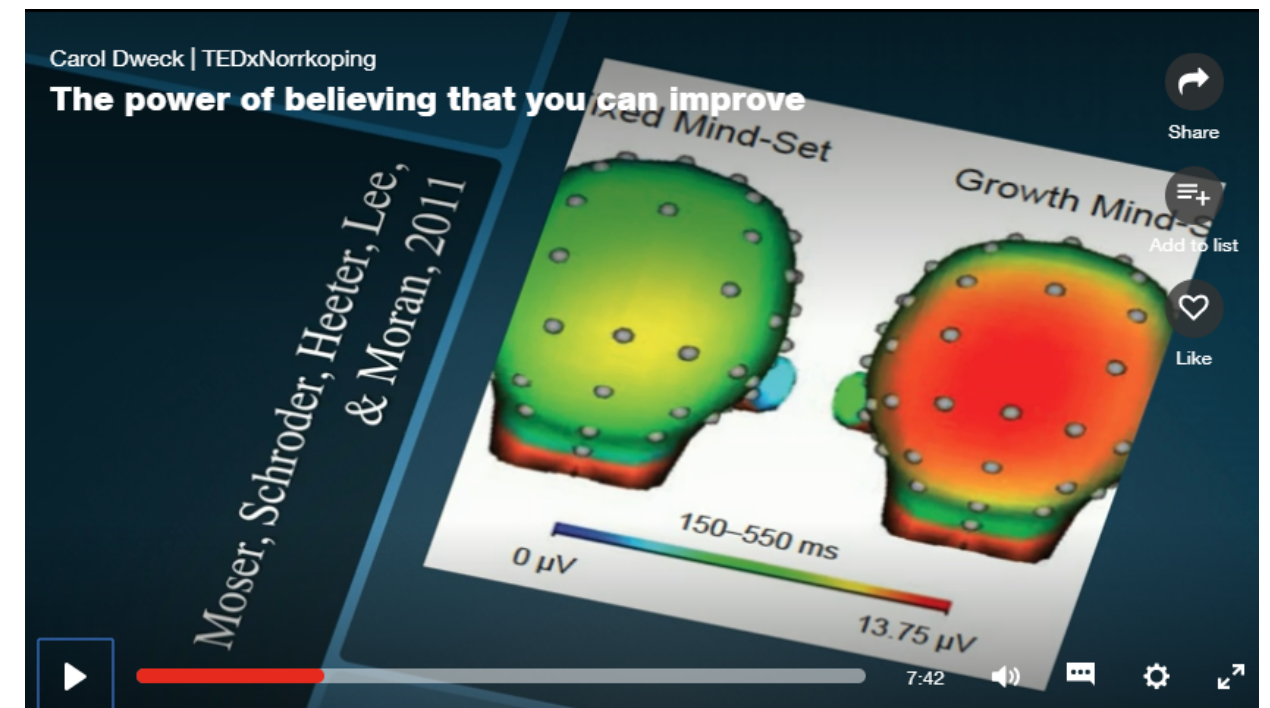
passion & perseverance

believing you can improve

process

“not yet”

exploring possibilities



**Write down an area of expertise that you have developed overtime.**

**Turn and share:**

***Describe what qualities it took to become an EXPERT?***



# **FIXED** **MINDSET**

# **MINDSET** **CHARACTERISTICS**

# **GROWTH** **MINDSET**

# Ask yourself:

**As an adult how can you learn from  
your mistakes and failures?**

**How do you become better?**



# Social Emotional Learning





# How does \_\_\_\_\_ make you feel?



20  
12  
40  
20

THE GREATER SEATTLE  
**BFI**  
BUREAU of FEARLESS IDEAS  
FIELD AGENT MISSION REPORT

1. Finish Math HW Betsmana 3/4/18  
Pocket

2. Check PS math with joy

3. Read

4. Pen Pal Letter 64  
4

5. Space Race 56

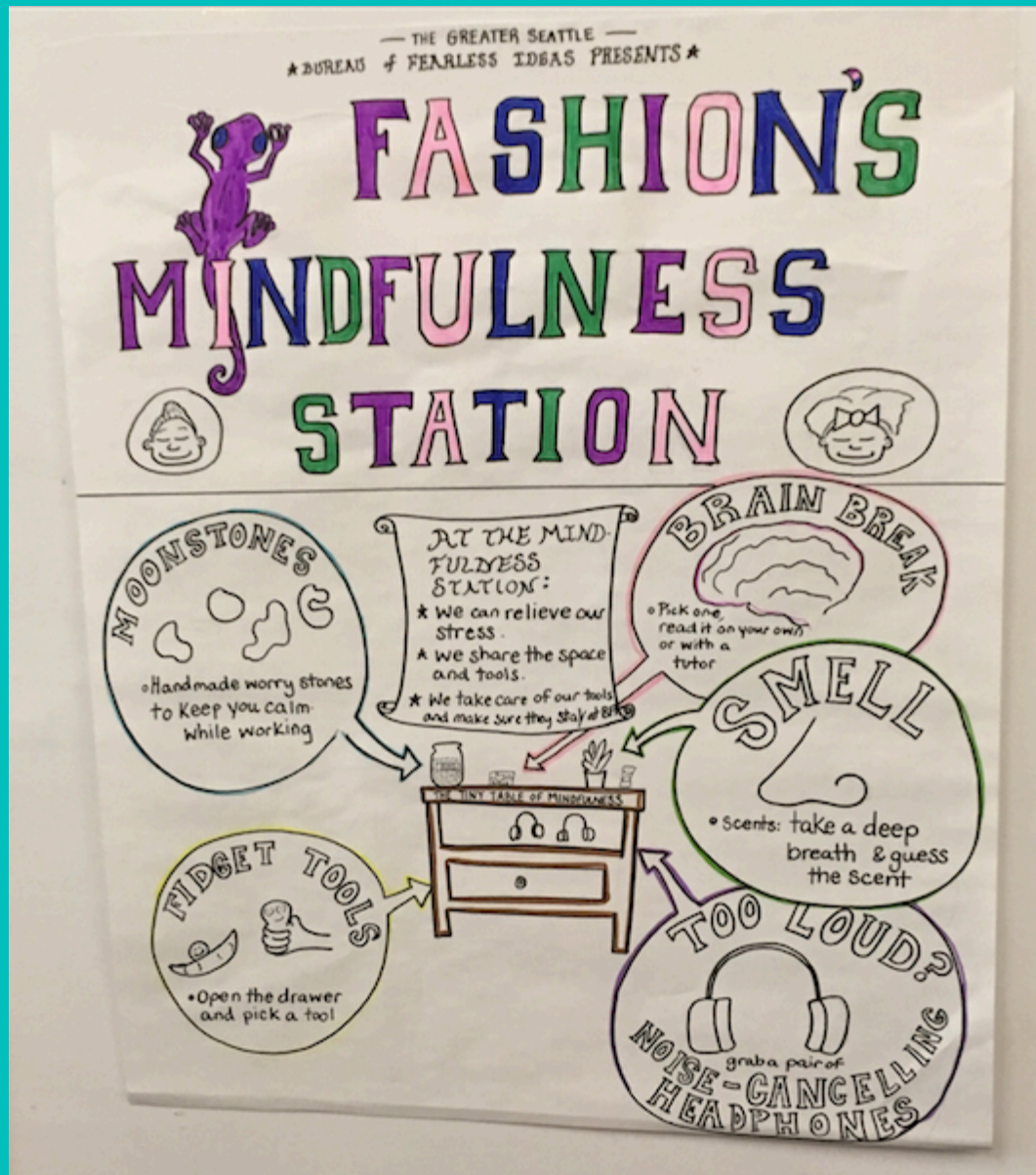
1 2 3 4 5

My Mood Meter Awareness Chart





# Mindfulness





# Mindful Moment

## POWER POSE

THE BFI AGENT  
**STANCE** *of* **FEARLESSNESS**  
VARIATION #279

Ears held open by heavy, bijoux-encrusted earrings, so she clearly **hears valuable feedback and constructive critique.**

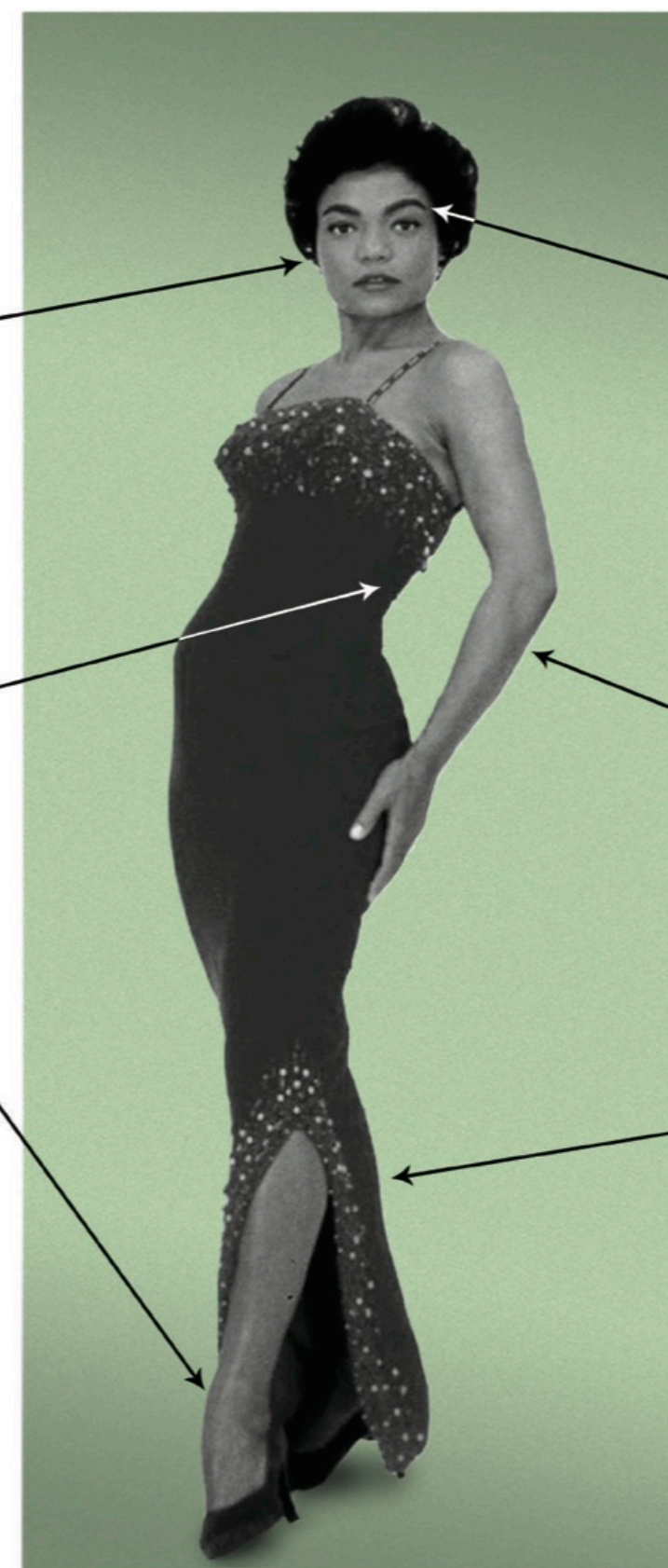
Back arched, torso shifted, **dodging the trajectory of frustration and negativity** that may be hurled her way by temporary setbacks.

Ankle extended and turned ever-so-slightly to show off these **amazing new shoes** she found today...  
ON SALE!

Eyebrows arched yet relaxed, eyes wide open, **looking each challenge directly in the eye** with an expression that says: "Is that all you've got?"

Arms toned and flexed, as a reminder to take on the **heavy lifting and extra effort needed** to improve at any challenge.

Foot back and on it's ball, ready to spontaneously break into a victory dance to **celebrate the success of a fellow agent**





# Greenwood Space Supply Travel Co.





# The Teleporter





At BFI, we use our unique learning space and programs to foster growth mindset.





# Building Future Architects Club



**BUILDING FUTURE ARCHITECTS**

**STARTS MONDAY MARCH 12**

**UNLEASH YOUR CREATIVITY WITH DRAWING, COLLAGES & MODEL MAKING.**

**\*DREAM \* DESIGN \*  
\*THINK \* MAKE\***

**NO EXPERIENCE NECESSARY!**

**SIGN UP**

Tensaye	Betsmona ♥✓✓
Anub	Tiyya
Nehemiah	<del>Morgan</del> Tselot
Melawit	<del>Kalebo</del> Keenay
Bethania	<del>Rydia</del>
<del>Phoebe</del> D	<del>Mattew</del>

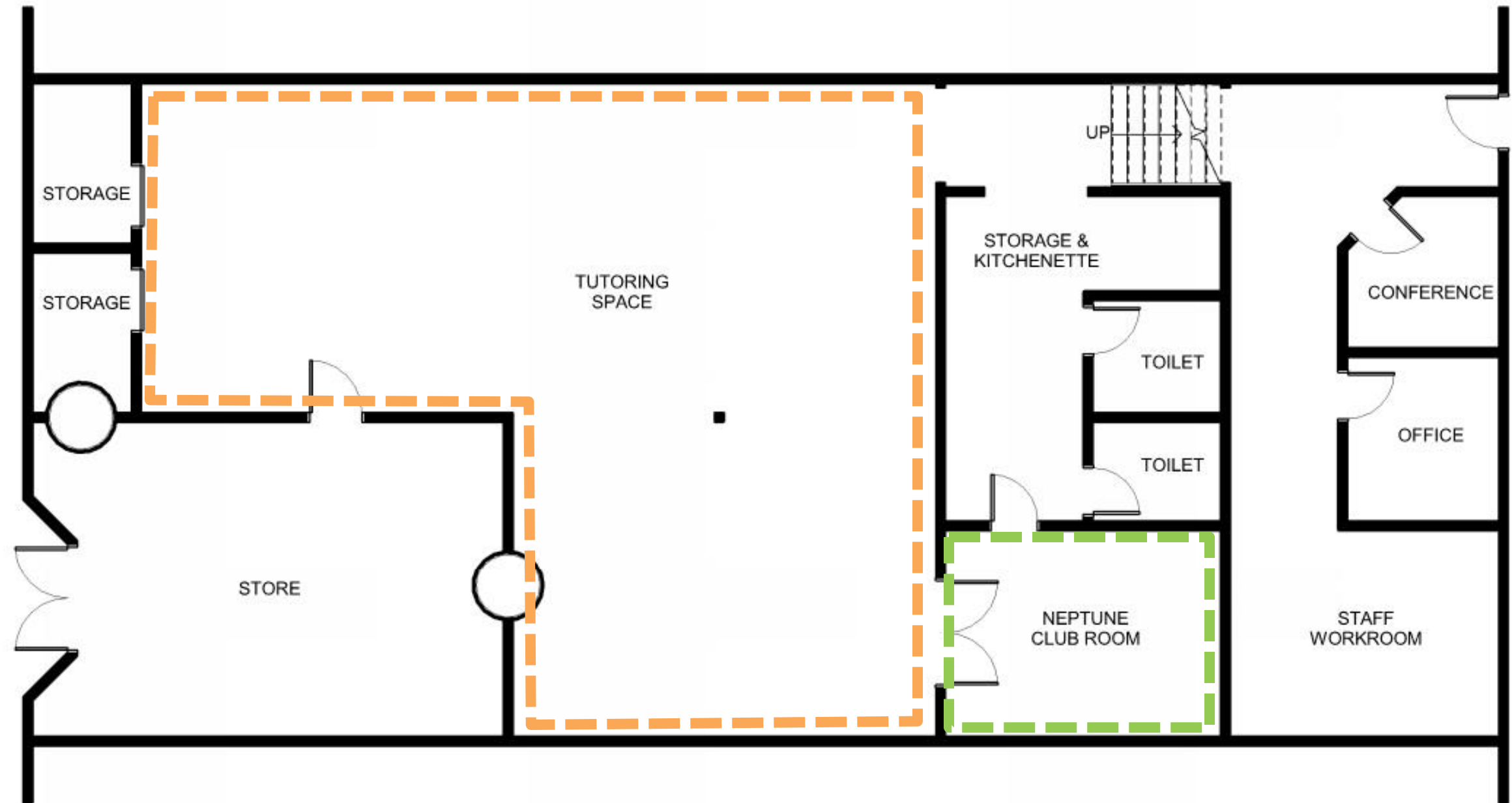
**NAC** **BFI**

PRESENTED BY NAC ARCHITECTURE FOR THE BUREAU OF FEARLESS IDEAS

www.nacarchitecture.com



# BFI Floor Plan





# The Teleporter





# Inviting Entryways:





# Tutoring Space





# Learning Space





# Neptune (Clubs) Room



**Drama Club**

**Science Club**

**Pen Pal Club**

**Makers Club**



**Building Future Architects Club**



# Break Out/Small Group



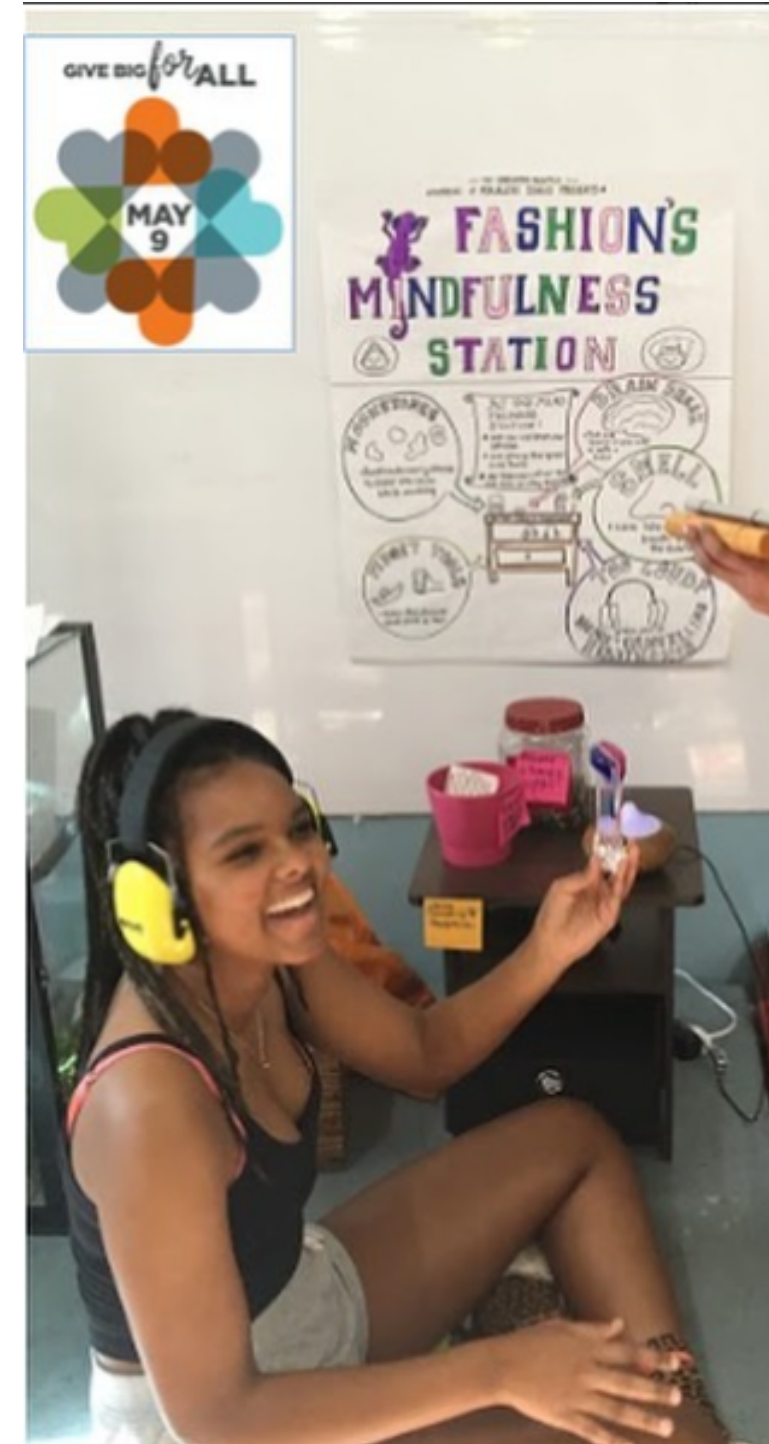
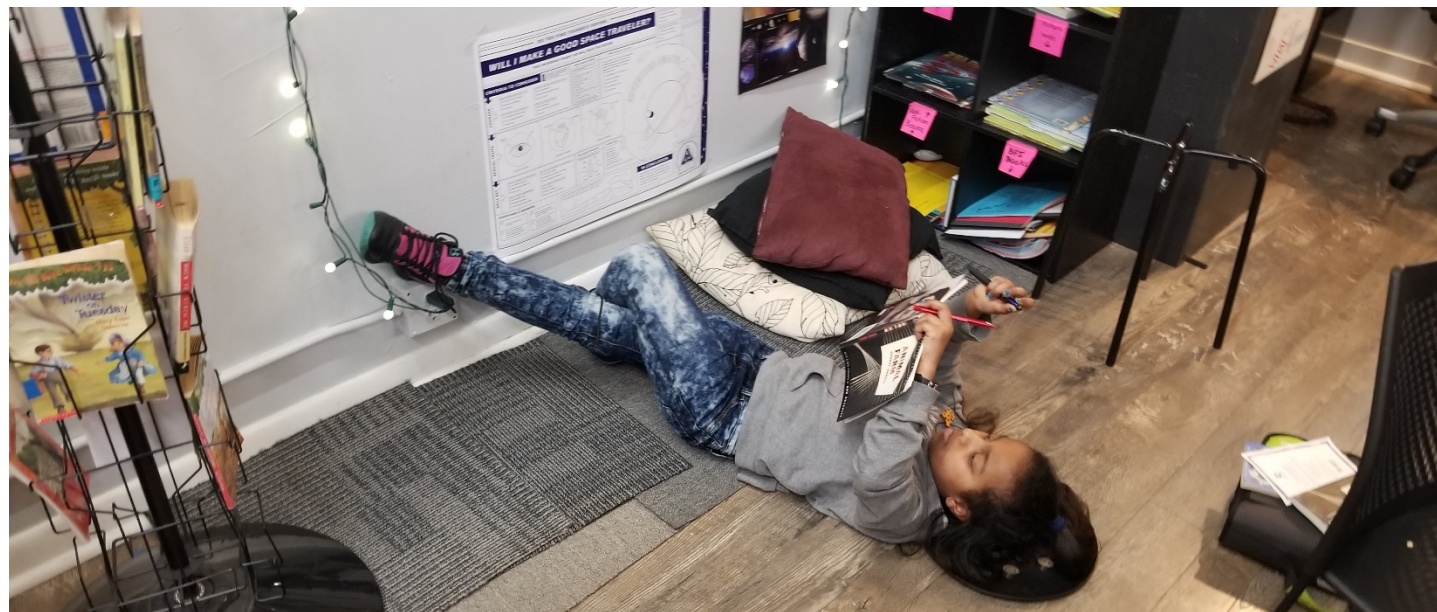


# Maker Spaces - Project Labs





# Quiet Areas





# Reflection and Retreat:



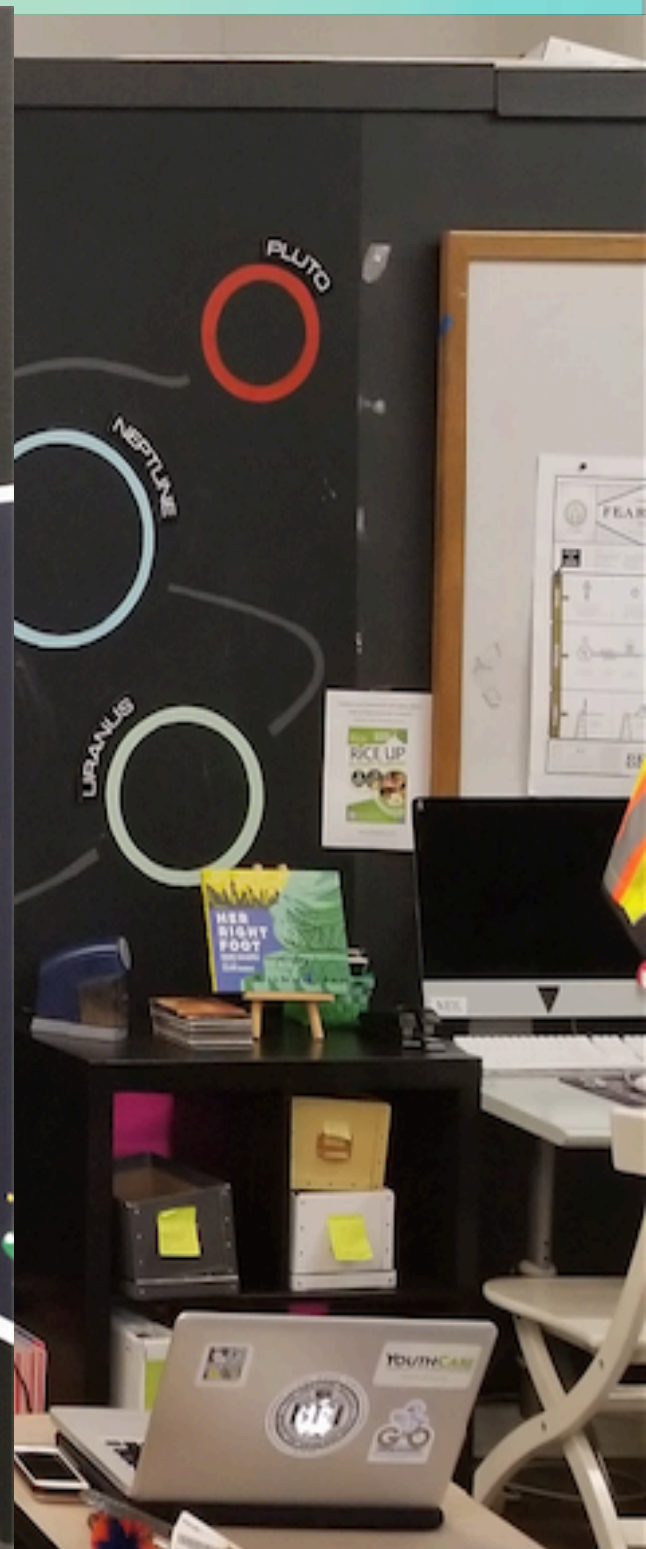


# Mindful Moment





# Space Race



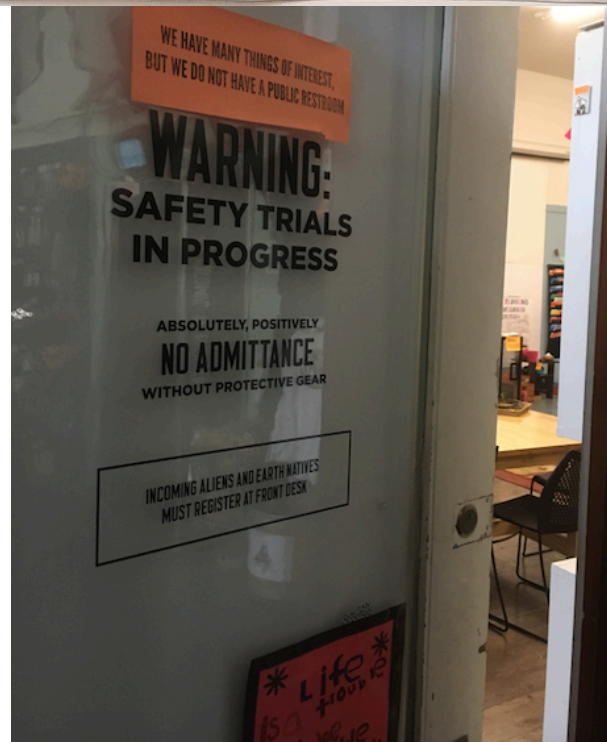
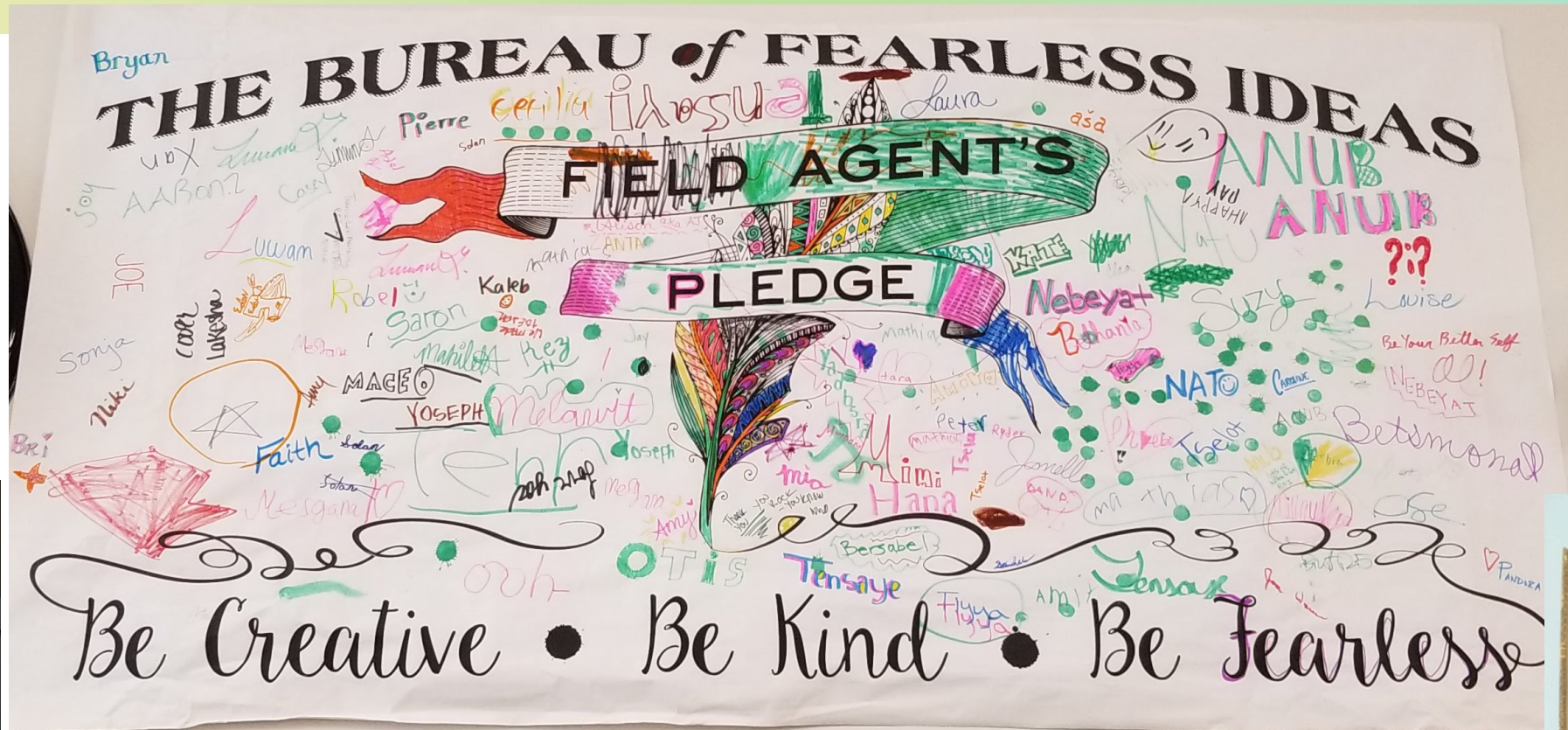


# Use Building as a Learning Tool





# Make it Fun!





# Takeaways...

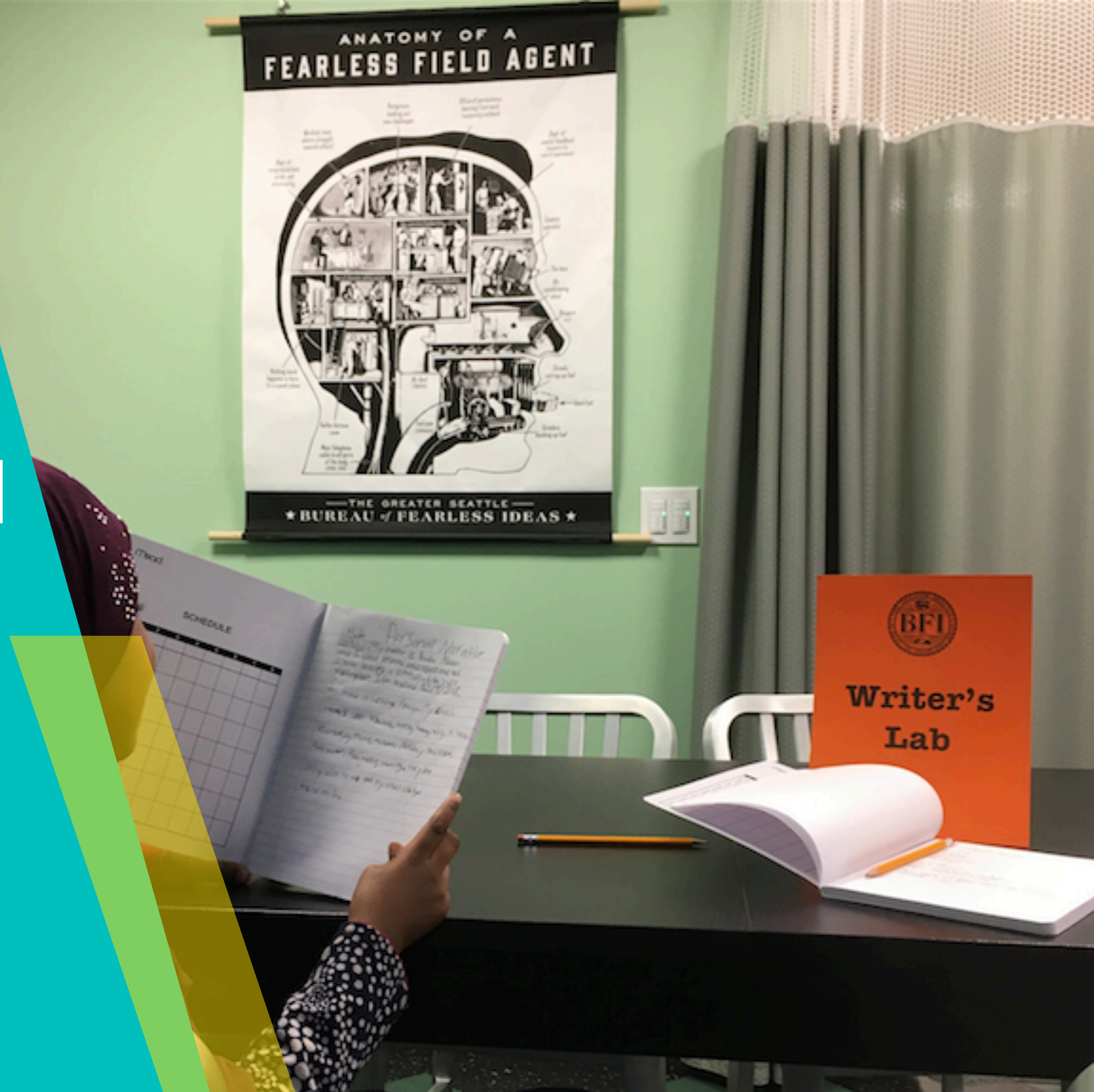
Growth Mindset, Social Emotional Learning, and Mindfulness curriculums are currently being implemented in schools and after school programs.





# Takeaways...

BFI's creative programs and unique space supports and inspires growth mindset and Social Emotional Learning.





# Takeaways...

Apply BFI spatial concepts and features into the learning environments we create!





# WHAT ARE YOUR QUESTIONS & TAKEAWAYS?!

